

'Prostate cancer is the new killer disease among men' /3

his Month of November did not just focus on men's health in general, their mental health, but was critical about tackling the challenges that are associated with fighting prostate cancer, which experts describe as the most killer non-communicable disease among men.



POTARZ and LSU conducts a cybersecurity awareness workshop / 5

upane State University's unmatched capacity to hold high profile seminars in the Matabeleland North region, was once again put on the spotlight this month when it hosted the flagship POTRAZ Cyber Security and Data protection workshop on its main campus.



Mastering your money 6

s the annual bonus season is upon us, it is the perfect time to not just celebrate your hard work, but also to think strategically about your financial future.

Where Knowledge Meets Ink



Potraz, Nkomwa Foundation Trust train 100 Mat South PWDs in digital skills

/ 12

'Artificial Intelligence: a double aged sword' / Page 9



'Mental Wellness a pre-requisite for staff productivity'

By Thembelani Moyo

s the country continues to grapple with the devastating effects of mental health

complications, especially among men, Lupane State University's commitment to its staff well-being was laid bare recently, with the institution organising

a wellness programme to demonstrate how safe working environments inspire productivity.

The occasion was held on the sidelines of the nationwide commemorations of the Men's Mental Health and Prostate Cancer Awareness Month.

Running under the theme: "Promoting Mental Health and Prostate Cancer Awareness for a Health University Community", the celebration was graced by the institution's stakeholders, including officials from the Ministry of Health and Child Care and medical practi-

Speaking during the event, LSU's Vice-Chancellor, Professor Pardon Kuipa, appreciated stakeholder efforts and appealed for their continued support.

"This day is dedicated to reflection, learning, empowerment and to celebrate life and health. Your presence affirms our shared commitment to the health and well-being of the University community," he said.

The VC reiterated that all employees must be mentally healthy so that the institution continues to make notable strides in its research

and innovation thrusts.

He revealed that to encourage productivity, together with various stakeholders, the university has implemented a number of initiatives that contribute to the mental wellness state of its employees.

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"Staff wellness has become ethical strategy issue for Lupane State University; hence it is part of the performance indicator for Council and Management. This inclusion is not symbolic; it reflects our recognition that a healthy, motivated and emotionally balanced workforce is essential for institutional excellence. In the absence of wellness, there can be no sustainable productivity, no innovation and service delivery.

"The University Management wishes to create a culture where mental health is embraced and prioritised, where support is accessible to all. As a responsible corporate citizen, we strive to deal with mental health responsibly by accepting that it is okay not to be okay and that it is okay to seek help.

"Wellness is not an event, it is a lifestyle, mindset and a shared responsibility. University Management and Council has made

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From Page

'Mental Wellness a pre-requisite for productivity'

a commitment to invest in wellness programmes, provide counseling services, promote psychological safe working environment by ensuring that the campus environment supports both physical and mental health. Please be counted; play your part by looking out for one another, talk openly about health challenges and support those who may be struggling silently," he said.

The University Registrar Mr. Thamsanqa Donga added that other initiatives included the launch of the Wellness Event in April 2025, offering a Research-Based Wellness programme to the parent ministry and forming the Committee of Gender Wellness for the university community.

The Chairperson for the Department of Languages, Media and Communication Studies, Ms. Saneliswe Sibanda, bemoaned that statistics in the country show that most people who are affected by mental health problems are men, a statement also referenced by

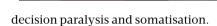
most speakers throughout the event. They agreed that reasons behind the problem include pressures of responsibilities, drug and substance abuse and the lack emotional support from peers and family. Speakers therefore were applauded women, who are natural care givers, for attending the event and urged them to keep on supporting their male counterparts, both at home and work, if productivity is to be realised.

'Mental health a neglected issue, but critical'

According to the VC Professor Kuipa "Mental Health remains the biggest challenge the world over. It is the most misunderstood and neglected area of health. Academics, students and administrators face pressures from their challenging and heavy workloads, financial constraints, personal and social responsibilities and various other social and emotional challenges".

er social and emotional challenges". His words were also expressed by Mr. Theresi Sibanda, a Lecturer in the Department of Industrial Psychology who said in higher learning institutions employees neglect their health by hiding the problems they face.

His presentation was titled: "Wearing the mask: Uncovering wellness in Higher Education Institutions," and emphasised that workers often hide the challenges they face and the outcomes include: Fatigue; irritability; social isolation/ withdrawal; anxiety; depression;



Mr. Sibanda added that mental health is a "state of psychological and emotional well-being, enabling coping and growth. Mental wellness is a holistic balance across physical, mental and social domains. Mental illness refers to clinically significant disturbances in thoughts, emotions, or behaviours, normally influenced by biological, psychological and social factors."

A health specialist who works at the St Lukes Hospital in Lupane, Mr. Ncube shed more light into the meaning and understanding of mental health saying "mental health is a

prerequisite to a healthy lifestyle". He explained that mental health "encompasses emotional, psychological and indeed that also comes down to your social relationships". There are numerous prin-

ciples of mental health which include the following:

1. Self-awareness where you understand yourself, your emotions, your thoughts and your behaviours.

"This is very essential for mental health. If you understand yourself, then you will know your strengths, you will know your limitations. Self-awareness really helps in recognising any signs of mental health. You will really know when things are not going well."

2. Acceptance and self-comparison where we need to accept ourselves. Don't compare yourself with anybody else.

"Set your own pace. Be yourself. You also need to accept your imperfections. Remember, none of us are always perfect. And once you do that, this fosters some sense of

self-esteem. You have a sense of self-worth. You believe in yourself. And you know what you can do and what you cannot do. Above all, what we need to then develop is health relationships."

3. Balance where we maintain a healthy balance between rest and leisure in certain appropriate outcomes helps us to prevent burnout.

"We all love our work. But our work should not be everything that we think about all the time. We need to have time for rest. We need to have time for leisure."

4. Positive thinking and optimism. Despite the bleak outlook probably in our futures, despite the desperate situations that we find ourselves in, let's always be optimistic about what we are going through.

"Once you have that optimism, once you have that positive attitude that nothing will stand in my way, then you become mentally healthy. So always focus on positive aspects of life. This enhances resilience."

5. Cry out for help. Talk to someone. This is strengthening. "This is mentally building. So, recognising when to seek professional help and being open to treatment

options is very, very healthy. It's always great to accept help or to seek help and accept it when provided." 6. Maintain our physical health and well-being. Engaging in regular physical activity is good for

you. That's what you need to do. "You really contribute positively to your mental health through exercise. If you have the regular habit of exercise, this keeps you mentally healthy. And it also keeps you in a sense of fulfilment."

7. Have a purpose and meaning in life. Set goals for yourself. Don't set goals that have been set by someone else. Set your own goals. Maintain your own pace. That way, you will have intrinsic motivation that will drive you towards attainment of those goals.

8. Resilience and adaptage.

8. Resilience and adaptability. Life is very dynamic. Things are not static.

"There will be changes now and again. Your ability to adapt to changing situations will enable you to survive and uphold your mental health. But if we cannot adapt, then we might, like the dinosaur, get extinct in terms of mental health."

"And by the way, when you get mentally worn out, all the energy in your body is also worn out. You go into depression.

"Depression generally is a disease of the mind that affects the whole life. So, if the mind is worn out, if the mind is troubled, that fatigue sets in. You find everything a great task to perform.

"So, ladies and gentlemen, if we adhere to these principles, if we observe these principles of mental health, we will be not only mentally healthy, but we will achieve a healthy lifestyle," said Mr. Ncube.

"So generally, when you look at mental health, it clearly leads to a healthy lifestyle. We are saying if you are mentally healthy, then you are able to lead a healthy lifestyle. Mental health is an important foundation of our well-being. Good mental health supports physical health, enhances productivity, and improves quality of life," he added.

'Creatin safe places at work essential'

The wellness programme at LSU had most speakers emphasising that for employees to be well and more productive, the environment itself needs to be conducive for that.

They spoke of safe places being created at work, including how workers and management relate with each other.

Jessy Chidula Dlamini's presentation titled: "Creating Safe Spaces & Open Conversations about Mental Health in the Workplace Promoting a culture of empathy, trust and psychological safety", indicated mental health matters because it affects productivity, engagement and well-being.

She added that while workplace stress contributes to burnout and absenteeism, and supportive environments increase retention and satisfaction.

It is for this reason that institutions should create safe places where employees feel heard and respected without fear. Where



confidentiality and trust are maintained and leaders are able model vulnerability and openness.

To create such an environment, institutions should "normalise conversation about mental health, train managers in mental health awareness, provide access to counseling or wellness programmes and create peer support groups or mental health champions."

Another presenter, Ms P. Ncube echoed the same sentiments saying "mental health is important for us to have a productive work environment and also your wellbeing as a person. And we must have safe spaces whereby we interact with each other, having open ended

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conversations".

Additional, Dr E. Vakira also pitched in with a discussion titled: Work-Life Integration: Setting Boundaries and Balance: Strategies for establishing healthy boundaries in demanding work environments.

He emphasised that academic and administrative staff face demanding workloads, teaching, research, administration, community engagement.

Universities are increasingly expected to enhance staff well-being and performance because employees work long hours, have high stress, and blurred work-life

Proper balance leads to better job

performance and personal happi-

"Work-life integration is important because it enhances employee well-being and mental health; increases job satisfaction and organisational commitment, reduces burnout and turnover intentions and promotes creativity and productivity among academics," he said.

Strategies for making boundaries include: Setting clear start/end times and maintaining that for consistence; communicating availability to staff and declare emergencies such that everyone understands; avoiding overcommitting to extra work and creating a good interpersonal relationship.



ADMISSION INTO UNDERGRADUATE AND POSTGRADUATE DEGREE PROGRAMMES FOR THE FEBRUARY 2026 INTAKE

 $\textbf{Lupane State University is inviting applications for admission to the listed Undergraduate and Postgraduate Programmes from a postgraduate and Postgraduate Programmes from the listed Undergraduate Programmes from the Undergraduate Programmes from the listed Undergraduate Programmes from the Undergraduate$ candidates who meet the specified entry requirements. The programmes will commence in February 2026.

FACULTY AND PROGRAMME	ENTRY REQUIREMENTS	DURATION OF STUDY & CAMPUS					
FACULTY OF AGRICULTURAL SCIENCES							
Bachelor of Agricultural Sciences Honours Degree in Animal Science and Rangeland Management	5 'O' Level passes including English Language and Mathematics; and At least 2 'A' Level passes in Biology and/ or Agriculture/Animal Science or their recognized equivalents and any of the following subjects: Chemistry, Physics, Mathematics, Food Science and Geography; OR a relevant National Diploma or its equivalent.	4 years Conventional/Block Release Lupane					
Bachelor of Agricultural Sciences Honours Degree in Crop Science	5 'O' Level passes including English Language and Mathematics and At least 2 'A' Level passes in Biology/Crop Science and/or Agriculture plus any of the following subjects; Chemistry, Mathematics, Physics or Geography; OR A relevant National Diploma or its equivalent.	4 years Conventional /Block Release Lupane					
Bachelor of Agricultural Sciences Honours Degree in Soil Science	5 'O' Level passes including English Language and Mathematics and At least 2 'A' Level passes in Chemistry plus any of the following subjects: Biology, Mathematics, Physics, Geography, and Agriculture; OR A relevant National Diploma or its equivalent.	4 years Conventional/Block Release Lupane					
Bachelor of Science Honours Degree in Irrigation Engineering	5 'O' Level passes including English Language and Mathematics and At least 2 'A' Level passes in the following subjects: Chemistry, Mathematics, Physics, Geography, Agriculture and Biology; OR a relevant National Diploma or its equivalent.	4 years Conventional/Block Release Lupane					
Bachelor of Agricultural Sciences Honours Degree in Agricultural Economics	5 'O' Level passes including English Language and Mathematics; and At least 2 'A' level passes in any two Commercial or Science subjects or their recognised equivalents: Mathematics, Economics, Agriculture, Biology, Geography, Business Studies/Management of Business, Accounts, Computer Science, Chemistry, Physics and Food Science; OR A relevant National Diploma or its equivalent.	4 years Conventional/Block Release Lupane					
Bachelor of Agricultural Sciences Honours Degree in Horticulture and Landscaping	5 'O' Level passes including English Language, Mathematics and a Science subject. Applicants must have obtained at least 2 'A' level passes in Biology/Agriculture and either Mathematics, Geography, Food Science, Physics or Chemistry. A relevant Diploma from a recognised institution will also be considered for Special Entry.	4 years Conventional/Block Release Lupane					
Diploma in Agribusiness	Applicants must have passed a minimum of 5 $^{\prime}\text{O}^{\prime}$ Level passes including English Language, Mathematics and a Science subject at grade C or better.	1½ years Block Release Lupane					
Master of Science Degree in Animal Breeding and Biotechnology	Applicants must have an Honours Degree of at least a 2.2 class or better in Agriculture or in appropriate subject areas such as Animal Science, Biological Sciences, Biotechnology and Natural Resources, or related fields from any accredited University.	2 years Block Release Lupane					

	Agriculture, Biology, Geography, Business Studies/Management of Business, Accounts, Computer Science, Chemistry, Physics and Food	Lupane		a relevant National Diploma (ND) in an approved Computer Science/ Information Technology field or equivalent and have at least two (2) years			
Bachelor of Agricultural Sciences	Science; OR A relevant National Diploma or its equivalent. 5 'O' Level passes including English Language, Mathematics and a Science	4 years	FACULTY OF FAILURONIA FAITAL A	relevant post qualification experience.			
Honours Degree in Horticulture and Landscaping	nours Degree in Horticulture subject. Applicants must have obtained at least 2 'A' level passes in		FACULTY OF ENVIRONMENTAL A Bachelor of Science Honours Degree in Wildlife Resources Management	5 'O' Level passes including English Language and Mathematics; and At least 2 'A' Level passes in any of the following subjects: Biology, Chemistry, Mathematics, Physics, Agriculture and	4 years Conventional/Block Release		
Diploma in Agribusiness	Applicants must have passed a minimum of 5 'O' Level passes including English Language, Mathematics and a Science subject at grade C or	1 ½ years Block Release		Geography; OR A relevant National Diploma or its equivalent.	Lupane		
Master of Science Degree in Animal Breeding and Biotechnology	better. Applicants must have an Honours Degree of at least a 2.2 class or better in Agriculture or in appropriate subject areas such as Animal Science, Biological Sciences, Biotechnology and Natural Resources, or related	Block Release	Bachelor of Science Honours Degree in Forest Resources Management	5 'O' Level passes including English Language and Mathematics; and At least 2 'A' Level passes in any two of the following subjects: Biology, Chemistry, Mathematics, Physics, and Geography; OR a relevant National Diploma or its equivalent.	4 years Conventional/Block Release Lupane		
fields from any accredited University.		Lupane	Bachelor of Science Honours Degree in Environmental Science	5 'O' Level passes including English Language and Mathematics; and At least 2 'A' Level passes in any of the following core subjects: Biology, Chemistry, Mathematics, Agriculture and Geography; OR a relevant National Diploma or its equivalent.	4 years Conventional/Block Release Lupane		
	1						
Master of Science Degree in Plant Breeding	Applicants should normally hold a minimum of an Upper Second Class Honours degree in Agriculture, Plant Breeding, Agronomy, Crop Science, Horticulture OR related fields, from this or another recognised institution.	2 years Block Release Lupane	Bachelor of Science Honours Degree In Applied Biotechnology	5 'O' Level passes including English Language, Mathematics and a Science subject. Applicants must have obtained at least 2 'A' level passes in either Biology, Agriculture, Food Science or Chemistry. Applicants with a relevant Diploma from a recognised institution will also be considered	4 years Conventional/ Block Release Lupane		
Master of Science Degree in Agronomy	Applicants should normally hold a minimum of an Upper Second Class Honours degree in Agriculture, Agronomy, Crop Science, Horticulture OR related fields, from this or another recognised institution.	2 years Block Release Lupane	Bachelor of Science Honours	for Special entry. 5'O' Level passes including English Language, Mathematics and a Science	4 years		
Master of Philosophy in Animal Science Master of Philosophy in	Applicants should normally hold a minimum of an Upper Second Class Honours degree in Animal Science OR related fields from an accredited University. Applicants should normally hold a minimum of an Upper Second Class	2 years (minimum) Block Release Lupane 2 years (minimum)	Degree in Food Science and Agricultural Processing	subject; and at least 2 'A' Level passes in either Biology, Agriculture, Food Science or Chemistry and any of the following subjects; Mathematics, Physics; Geography. OR A relevant Diploma in any of the following: Agriculture, Livestock Production, Crop Science, Horticulture, Animal	Conventional/Block Release Lupane		
Agricultural Production	Honours degree in Agriculture OR related fields from an accredited University.	Block Release Lupane Master of S	Master of Science Degree in	Science or Food Science and Technology. A BSc Honours in Conservation, Biological Sciences, Animal Science or a	1 ½ years		
Master of Philosophy in Irrigation Engineering/ Master of Philosophy in Agricultural	Applicants should normally hold a minimum of an Upper Second Class Honours degree in Irrigation Engineering OR related fields from an accredited University.	2 years (minimum) Block Release Lupane	Tropical Resources Ecology Master of Science Degree in	related field with a degree class of 2.1 OR better from a recognized University. Applicants should normally hold a Bachelor's Degree in Environmental	Block Release Lupane 2 years		
Engineering Master of Philosophy in Agronomy	Applicants should normally hold a minimum of an Upper Second Class Honours degree in Agronomy, Crop Science OR related fields from an	2 years (minimum) Block Release	Food Safety and Port Health	Science and Health, Public Health, Food Science, Security and Disaster Management (BSDMS), Food Engineering, OR any relevant equivalent degree from any recognised University.	Block Release Lupane		
Master of Philosophy in Plant Breeding	accredited University. Applicants should normally hold a minimum of an Upper Second Class Honours degree in Agronomy, Crop Science, Plant Breeding OR related fields	Lupane 2 years (minimum) Block Release	MPhil in Ecology and Conservation	Applicants should normally hold a Bachelor of Science Honours degree in Wildlife Management, Forestry, Conservation OR related fields with a degree class of 2.1 from an accredited University.	2 years (minimum) Block Release Lupane		
Master of Philosophy in Agricultural Economics	from an accredited University. Applicants should normally hold a minimum of an Upper Second Class Honours degree in Agricultural Economics OR related fields from an	' '	Doctor of Philosophy (PhD) in Forestry Resources Management	Applicants should normally hold a Master of Science or Master of Philosophy degree in Forest Resources Management OR related fields from an accredited University.	3 years (minimum) Block Release Lupane		
Doctor of Philosophy (PhD) in Agricultural Economics	accredited University. Applicants should normally hold a Master of Science or Master of Philosophy degree in Agricultural Economics OR related fields from an accredited		Doctor of Philosophy (PhD) Ecology and Conservation	Applicants should normally hold a Master of Science or Master of Philosophy degree in Ecology, Conservation OR related fields from an accredited University.	3 years (minimum) Block release Lupane		
Doctor of Philosophy (PhD) in Animal Nutrition	University. Applicants should normally hold a Master of Science or Master of Philosophy degree in Animal Science, Animal Nutrition OR related fields from an		Doctor of Philosophy (PhD) in Public Health	Applicants should normally hold a Master of Science or Master of Philosophy degree in Public Health, One Health, Environmental Health OR related fields from an accredited University.	3 years (minimum) Block release Lupane		
	accredited University.		FACULTY OF HUMANITIES AND SOCIAL SCIENCES				
Doctor of Philosophy (PhD) in Agronomy	Applicants should normally hold a Master of Science or Master of Philosophy degree in Agronomy, Crop Science OR related fields from an accredited University.	3 years (minimum) Block Release Lupane	Diploma in Applied Language Studies	5 'O' Level passes including English Language.	1 year Block Release Lupane		
FACULTY OF BUILT ENVIRONMENT			Diploma in Court Interpreting	5 'O' Level passes including English Language; and	1 ½ years		
Bachelor of Science Honours Degree in Urban and Regional Planning	5 'O' Level passes including English Language, Geography and Mathematics; and at least 2 'A' Level passes including Geography; OR A Diploma preferably majoring in Urban Planning, Urban Management,	4 years Conventional/Block Release	and Translation	At least 2'A' Level passes; OR a Diploma in Applied Language Studies. Experience in Court Interpreting will be an added advantage.	Block Release Lupane		
Planning	Social Work, Local Authority Administration, Housing Development, Real Estate and Property Management, Physical Planning, Land Management, Environmental Management, Project and Programme Management		Diploma In Geographic Information Science (GIS) and Remote Sensing	Normal Entry 5 'O' Level passes including Mathematics, English Language, Geography and any Science subject. A Certificate OR Diploma in any field related to Geography, Environmental Science or Ecology-	1 ½ years Block Release Lupane		
	among others. Mature Entry: Mature entry shall be obtained by applicants who have 5 'O' Level passes including English Language and have demonstrable work experience during the last five (5) years before the academic year in which admission is sought, and are aged 25 years		Diploma in Development Studies	5 'O' Level passes including English Language and relevant working experience.	1 year Block Release Bulawayo		
Bachelor of Commerce Honours Degree in Real Estate	and above. of Commerce Honours 5 'O' Level passes including English Language, Mathematics and a		Postgraduate Diploma in Media and Public Relations	First degree with at least a 2.2 degree classification in a relevant discipline or equivalent professional qualification recognised by this University.	1 year Block Release Lupane		
Management	passes; preferably in the Commercials; OR A relevant National Diploma or a Higher National Diploma.	Release Postgraduate Diploma in Geographic Information	Candidates should normally hold a relevant Bachelor's degree from this or another recognised institution. Relevant fields include, Geography,	Block Release			
Bachelor of Science (Special Honours) Degree in Urban Management Studies	A good first degree in a relevant field such as Geography, Economics, Sociology, Architecture or other related fields. Demonstrable experience or interest in Urban Management is desirable.	1 Year Block Release Lupane	Science and Remote Sensing	Environmental Science, Surveying, Engineering, Ecology, Development Studies, Agriculture, Rural and Urban Planning.	Lupane		

Doctor of Philosophy (PhD) in

Urban and Regional Planning

Bachelor of Engineering Honours Degree in Production Engineering

Bachelor of Engineering Honours

Bachelor of Engineering Honours Degree in Fuels and Energy

Degree in Business Computing

Degree in Information Technology

Bachelor of Science Honours Normal Entry

Degree in Mechatronics

Engineering

Engineering

FACULTY OF ENGINEERING AND APPLIED SCIENCE

Relevant Master's degree in Urban and Regional Planning or a closely 3 years Full-Time

Lupane

Lupane

Lupane

5 years

Lupane

4 year Conventional/Block

Release Lupane

Conventional

Conventional

related field such as: -Geography, Environmental Science, Architecture,

5 'O' Level passes including English Language Mathematics and Science; and

a relevant National Diploma (ND) in an approved Engineering field or equivalent and have at least two (2) years relevant industrial experience.

5 'O' Level passes including English Language and Mathematics; and a relevant National Diploma (ND) in an approved Engineering field or equivalent and have at least two (2) years relevant industrial

5 'O' Level passes including English Language and Mathematics

At least 3 'A' Level passes, in Mathematics, Physics and Chemistry; OR

At least 2 'A' Level passes preferably in Sciences and Business subjects

5 'O' Level passes including English Language, Mathematics and Science and At least 2'A' Level passes in Mathematics and any other Science or

5 'O' Level passes including English Language, Mathematics and Science and

5 'O' Level passes including English Language and Mathematics and a relevant National Diploma (ND) in an approved Engineering field or equivalent and have at least two (2) years relevant industrial

5 'O' Level passes including English Language, Mathematics and Science; and 5 years

5 'O' Level passes including English Language, Mathematics and Science ; and | 5 years At least 3 'A' Level passes, in Mathematics and Physics and any other Conventional

At least 3 'A' Level passes, preferably in Mathematics, Physics and Chemistry; Conventional

Civil Engineering, Land Use Planning.

Special Entry

Normal Entry

Special Entry

experience. **Normal Entry**

Special Entry

experience.

commercial subjects Special Entry

Science/Technical subject.; OR

Bachelor of Science Honours 5 'O' Level passes including English Language and Mathematics; and

OR a relevant National Diploma or its equivalent.

		I .			
Postgraduate Diploma in Education	5 'O' Level passes including English Language. A Degree from a recognized University reflecting subjects taught in	1 year Block Release		qualification in line with Zimbabwe National Qualification Framework	
	Secondary Schools. Normally, an applicant should be employed full time as a teacher at an approved Secondary School throughout the duration of	Lupane		(ZNQF). Mature Entry: Mature entry shall be obtained by applicants who have five	
Post Graduate Diploma in	the programme. To be admitted to this programme a prospective learner should normally	1 ½ years	-	(5) 'O' Levels including English Language and have demonstrable work experience during the last five years before the academic year in which	
Tertiary and Higher Education	have a Master's Degree from a recognized University. OR Have, a first degree or Higher National Diploma and be a lecturer in Higher	Block Release Lupane & Bulawayo	Bachelor of Science Education	admission is sought, and are aged 25 years and above.	3 years
	and Tertiary Education institutions.	,	Honours Degree in Agriculture	level passes in relevant subjects. A Diploma in Agriculture OR a Diploma Education in which Agriculture is a major subject obtained from a	Block Release Lupane
Bachelor of Arts Honours Degree in Language and Communication	Normal Entry 5 'O' Level passes including English Language and an African Language;	4 years Conventional/Block		recognized institution; or Relevant Working experience would be an added advantage.	Lupane
	and at least 2 'A' Level passes including an African Language or Literature in English; or	Release Lupane		NB: Bridging modules are offered for those who do not meet some of the	
	Special Entry a Diploma in Education majoring in an African Language or English.		Bachelor of Education Degree in	requirements. 5 'O' Level passes including English Language and Mathematics;	3 years
	Mature Entry Persons who are at least 25 years of age on the first day of academic year		Geography	1	Block Release Lupane
	in which admission is sought and who are not eligible for entry under			experience. NB: Bridging modules are offered for those who do not meet some of the	
	either the Normal or the Special Entry regulations may apply for mature entry.		Bachelor of Education Honours	requirements. 5 'O' Level passes including English; and A Diploma in Education with a	3 years
Bachelor of Arts Honours Degree in Applied Language Studies	Normal Entry 5 'O' Level passes including English Language and Ndebele or any other	4 years Conventional/Block	Degree in English and Communication	_ ' '	Block Release Lupane
	African Language; and At least 2 'A' Level passes, one of which should be Ndebele/Shona; OR	Release Lupane	Bachelor of Education Honours	requirements. 5 'O' Level passes including English Language and an African Language.	3 years
	Special Entry a Diploma in Applied Language Studies from this institution or any other		Degree in Language and Communication (IsiNdebele)	A Diploma in Education with a specialisation in Ndebele/Shona or equivalent. Normally, an applicant should have 2 years post	Block Release Lupane
	approved equivalent from a recognized institution; or A Diploma in Education majoring in Ndebele/Shona.			qualification teaching experience. NB: Bridging modules are offered for those who do not meet some of	
	Mature Entry Persons who are at least 25 years of age on the first day of academic year		Bachelor of Education Degree in	the requirements. 5 'O' Level passes including English Language and Mathematics.	3 years
	in which admission is sought and who are not eligible for entry under either the Normal or the Special Entry regulations may apply for mature		Mathematics	A Diploma in Education with a specialisation in Mathematics. Normally, an applicant should have 2 years post qualification teaching experience.	Block Release Lupane
	entry.		_	<u>MB</u> : Bridging modules are offered for those who do not meet some of the requirements.	
Bachelor of Arts Honours Degree in Film, Television and Media	Normal Entry 5 'O' Level passes including English Language; and at least 2 'A' Level	4 Years Conventional/Block	Bachelor of Education Degree in Accounting	5 'O' Level passes including English Language and Mathematics. Diploma in Education in which Accounting is a major subject. Normally	3 years Block Release
Studies	passes OR Special Entry	Release Lupane	Accounting	applicants should have 2 years post qualification teaching experience. NB: Bridging modules are offered for those who do not meet some of the	Lupane
	A national diploma or Higher National Diploma in Journalism, Mass Communication or related areas from a recognised University or		Bachelor of Science (Special	requirements.	1 year
	Polytechnic Mature Entry		Honours) Degree in Monitoring and Evaluation	A first degree in Social Sciences, Agriculture, Health Sciences or a field relevant to Monitoring and Evaluation.	1 year Block Release Bulawayo & Harare
	Persons who are at least 25 years of age on the first day of academic year in which admission is sought and who are not eligible for entry under		Master of Philosophy in African	First or Upper Second Class undergraduate degree in a relevant subject	2 years (minimum)
	either the Normal or the Special Entry regulations may apply for mature entry.		Languages and Culture	or an equivalent qualification in a subject appropriate to that of the programme to be pursued.	4 years (maximum) Lupane & Bulawayo
Bachelor of Arts Honours Degree	Normal Entry	4 Years	Master of Philosophy in Media Studies	First or Upper Second Class undergraduate degree in a relevant subject or an equivalent qualification in a subject appropriate to that of the	2 years (minimum) 4 years (maximum)
in Theatre, Performance and Media Technologies.	5 'O' Level including English Language; and At least 2 'A' Level passes OR A national Diploma OR Special Entry Higher National Diploma in Theatre	Release		programme to be pursued.	Lupane & Bulawayo
	and Performance Studies, Theatre Arts, Cultural Studies, Film and Television Production, Journalism, Mass Communication or related areas	Lupane	Master of Education in Curriculum Studies	have upper second class degree in education, or related disciplines, from	1 ½ years Block Release
	from a recognised University or Polytechnic. Mature Entry Persons who are at least 25 years of age on the first day of academic year in which			this or another recognised university. OR A degree and a Postgraduate Diploma in Education/Graduate Diploma in	Lupane & Bulawayo
	admission is sought and who are not eligible for entry under either the Normal or the Special Entry regulations may apply for mature entry.			Education.	
Bachelor of Arts Honours Degree in Tonga/Nambya/Sesotho/	Normal Entry 5 'O' level passes including English language and 2 'A' level passes	4 Years Conventional/Block		7	
Kalanga Language and Culture	including an African Language; OR A Diploma in Applied Language Studies Special Entry a Diploma in Education majoring in an African	Release Lupane			
	Language. Mature Entry Persons who are at least 25 years of age on the first day of academic year in which admission is sought and who are not		Bachelor of Science Honours Degree in Economics	5 'O' Level passes including English Language and Mathematics passed at grade C or better; and At least 2 'A' Level passes; preferably in Economics	, 4 years
	eligible for entry under either the Normal or the Special Entry regulations may apply for mature entry.			Mathematics, Accounting, Management of Business, and Geography OR A National Diploma or Higher National Diploma in Economics or its	Conventional/Block- Release
	*Applicants to this programme must be first language speakers of Tonga/ Nambya/Sesotho/Kalanga.		Bachelor of Science Honours	equivalent. 5 'O' Level passes including English Language passed at grade C or better	Bulawayo 4 years
Bachelor of Science Honours	5 'O' Level passes including English Language and Mathematics; and	4 Years	Degree in Hospitality and	and At least 2 'A' Level passes preferably in Geography and Business Studies or their recognized equivalents; OR	Conventional/Block Release
Degree in Natural Resources Management.	At least 2 'A' Level passes in any of the following core subjects: Geography, and any other OR relevant Diploma or its equivalent.	Conventional/Block Release	Tourism	A National Diploma or Higher National Diploma in Tourism and Hospitality	
Bachelor of Social Science	5 'O' Level passes including English Language, Geography and	Lupane 4 years	Bachelor of Technology Honours	Management or its equivalent. 5 'O' Level passes including English Language and a Higher National	2 years
Honours Degree in Geography and Population Studies	Mathematics; and at least 2 'A' Level passes, one of which must be Geography OR an approved Diploma related to Geography and	Release	Degree in Hotel, Catering and Tourism Management	Diploma in Hotel and Catering/Tourism and Hospitality Management (HEXCO-HND) or equivalent. Work experience will be added advantage.	Block Release Bulawayo
Bachelor of Science Honours	Population Studies. Normal Entry: 5 'O' level passes including English language and any 2 'A'	4 Years	Bachelor of Commerce	5 'O' Level passes including English Language and Mathematics passed at	· ·
Degree in Peace and Security Studies	passes. Special Entry: Candidates who have attained Level 5 and 6 of the Zimbabwe National Qualifications Framework (ZNQF), awarded by a	Conventional/Block Release Lupane, Bulawayo &	Honours Degree in Banking & Finance	grade C or better; and At least 2 'A' Level passes in any of the following subjects: Mathematics, Accounting, Economics and Business Studies;	Release
	recognised university, college or institute. Mature Entry: 5 'O' level passes including English language and at least	Harare		OR A National Diploma or a Higher National Diploma in Banking and Finance	Bulawayo
	5 years' experience in the area of Peace. Candidates must be at least 25 years old.		Bachelor of Science Honours	or their equivalent. 5 'O' Level passes including English Language passed at grade C or better;	4 years
Bachelor of Science Honours	Normal Entry: Candidates must have obtained 5 'O' Level passes	4 years	Degree in Human Resource Management	and At least 2 'A' Level passes; OR A National Diploma or Higher National Diploma in Human Resources	Conventional/ Block Release
Degree in Development Studies	including Geography, English Language and Mathematics passed with at least a grade C and two passes in 'A' Level subjects or their recognized	Conventional/Block Release	Bachelor of Science Honours	Management. 5 'O' Level passes including English Language and Mathematics passed at	Bulawayo
	equivalents; Special Entry: A candidate must have obtained a Diploma in	Lupane & Bulawayo	Degree in Industrial Psychology	grade C or better, a relevant Science subject passed at grade C or better.	Conventional/Block
	Development related discipline or a recognizable relevant qualification from acceptable institution in which development and/or geosciences			At least 2 'A' Level passes; OR A National Diploma OR Higher Nationa Diploma in Industrial Psychology.	Bulawayo
	issues were involved. Mature Entry: A candidate must have 25 years of age with relevant working experience and have passed 5 'O' level subjects including				
	Geography, English Language and Mathematics passed with at least a grade C. Must also have relevant experience for at least two years. May				
	be required to pass a written/ oral entrance examination set by the University.		Bachelor of Commerce Honours Degree in	5 'O' Level passes including English Language and Mathematics passed at grade C or better OR relevant National Diploma.	4 years Conventional/Block
Bachelor of Science Honours Degree in Anthropology	Normal Entry: Candidates must have passed 5 subjects at Ordinary level, including English language with at least a C grade or better.	Conventional/Block	Entrepreneurship and Business Management	Normal Entry: At least 2 'A' Level passes; Special Entry: A relevant National Diploma or Higher National Diploma	Release Bulawayo
	Candidates must have passed at least 2 'A' Level subjects. One (1) of the subjects should preferably be Geography, History, Language (any), Socialogy, Geography, English literature and Agriculture.	Release Lupane & Bulawayo	Susmess management	plus at least 3 years' relevant experience;	,
	Sociology, Geography, English literature and Agriculture. Special Entry: Candidates must have a Diploma from this university or a recognised institution.			Special Mature Entry: At least 23 years for female applicants and 23 years for male applicants, relevant work experience, and have completed full-	
Bachelor of Science Honours Degree in Sociology	Normal Entry: At least five (5) 'O' levels passes/ National Foundation Certificates including English Language with Grade C or better and	4 years Conventional/Block		time school or college education at least five years before the start of the academic year. Applicants who do not have Mathematics but have 5 'O	
Seg. Se in Sociology	At least 2 'A' Level passes in Arts, Humanities or Commercials OR Relevant National Certificate.			Level passes (including English) may be considered for admission if they have established operational entrepreneurial ventures in Zimbabwe. These	
	Special Entry: A candidate who does not meet normal entry requirements may be admitted into a programme provided the candidate has a		Bachelor of Science Honours	applicants are to attach requisite evidence for consideration. 5 'O' Level passes including English Language and Mathematics and a	4 years
			Degree in Supply Chain Management	Science subject passed at grade C or better;	Conventional/Block Release
Bachelor of Commerce Special Honours Degree in Procurement and Supply Chain Management	(CIPS - Level 6).	. year Block Release Bulawayo &	<u></u>	Diploma in Purchasing and Supply Management, Business Management or equivalent.	Bulawayo
Chain Management Master of Business Leadership	Candidates should possess a good first degree and work experience. Practitioners in all fields are encouraged to apply.	arare : Years Block Release Bulawayo	Bachelor of Commerce	5 'O' Level passes including English Language passed at grade C or better;	4 years
Master of Science (MSc) Degree in Human Resource Management	Candidates should possess a good first degree passed with a 2.2 or better in Human Resource Management; OR Employment Relations, Industrial	. ½ years Block Release Bulawayo	Honours Degree in Marketing	At least 2 'A' Level passes, preferably in Management of Business or any other commercial subjects; OR	Conventional/Block Release
Master of Science (MSc) Degree in Accounting and Finance	Candidates should possess a good first degree in Accounting and Finance, Economics, Banking, Finance, Business Studies, and Accounting OR	years Block Release Bulawayo		A National Diploma or Higher National Diploma in Marketing Management or equivalent.	Dulawayo
Bachelor of Commerce Special Honours Degree in Digital Marketing (B Com SP Hons DM)	For entry into the programme, applicants should hold a business-related degree.	. year Block Release Bulawayo			
Master of Science Degree in Supply Chain Management (Msc		Block Release			
SCM) Master of Science Degree In	OR any other equivalent qualification from a recognised institution.	Bulawayo & Harare	How to apply for Admission		
Hospitality and Tourism (MScHT)	Irism (MScHT) Management OR any other related relevant degree qualification from a recognized institution.		Visit our website on www.lsu.ac.zw and apply online OR apply manually at our Lupane or Bulawayo offices.		
Doctor of Philosophy (PhD) in Hospitality and Tourism Doctor of Philosophy (PhD) in Accounting and Finance	ctor of Philosophy (PhD) in Candidate should hold a good Master's Degree in Accounting and Finance 3		Application fee: US\$15 or equivalent interbank rate.		
Doctor of Philosophy (PhD) in Management and Leadership	For entry into the programme applicants should hold a Master's Degree.	i years (maximum)	PhD application fee: \$40 or equivalent interbank rate.		
Doctor of Philosophy (PhD) in Business Management		years (minimum) years (maximum) Closing date: 30 January 2026			
Doctor of Philosophy (PhD) in Human Resource Management Human Resource			Physical Address: Admissions Office, Lupane State University, 2 nd Floor, CBZ Building, Fife Street/ 10 th Avenue, Bulawayo. — Contact Telephone Numbers: +263 292 73770/1/2/3 & 883830		
3			Contact Telephone Numbers:	+203 292 /3//U/1/2/3 & 883830	



Dr. G Mutiriza

'Prostate cancer is the new killer disease among men'

By Thembelani Moyo

his Month of November did not just focus on men's health in general, their mental health, but was critical about tackling the challenges that are associated with fighting prostate cancer, which experts describe as the most killer non-communicable disease among men.

Speaking during the recent Men's Mental Health and Prostate Cancer Awareness Month, commemorations held at the Lupane University State Main Campus, the institution's Vice-Chancellor, Professor Kuipa and the university doctor Dr. G Mutiriza agreed that, it is high time all men are sensitised about the need to be screened, for the cancer has become increasingly deadly.

"Prostate cancer and awareness in line with World Health Organisation's (WHO) focuses on men's key health concerns. WHO recognises prostate cancer as a major public health concern. Early detection of this cancer saves lives. Get tested or screened early and be saved," said Professor Kuipa.

Making his presentation, Dr. Mutizira noted that the world has moved away from communicable disease awareness which can be transmitted among individuals, but more deadly non-communicable diseases.

These are accounting for more deaths, with prostate cancer identified as the most disease that is killing men.

He said nations have implemented policies and a number of initiatives in a bid to raise awareness as well as establishing channels of support to those already affected.

Dr. Mutizira narrated to the audience how prostate cancer develops from the prostate gland, and if not checked early it eventually blocks the bladder and spreads to other parts of the body such as the backbone and brain, a point where the body loses the fight.

Factors contributing to risks include ageing, family history (in a case where the disease has been following generations of the same family), as well incorrect and inconsistent semen production by the gland.

Early signs of the cancer include frequent urination, enlarged prostate gland and difficulties in urinating.

Dr. Mutizira said men should do ultra scans, assess their urinary patterns, do antigen blood tests so that they are safe.

"Prostate cancer is a dangerous ailment and needs a strong mental health position so that someone can accept the fate," concluded Dr. Mutizira.

LSU hosts inaugural engineering hackathon competition

By Arbiter Munsaka

upane State University hosted an engineering hackathon competition for the first time in a bid to encourage research and innovation among students.

The hackathon competition brought together young engineers, visionaries, creators, problem solvers and industry experts.

Twelve competitors pitched different innovative ideas that are relevant to the industry.

First position was taken by Trish Mazonde whose project title was Refrigeration without electricity: The science of Zeerpot.

Tinotenda Gwaramba came second with his pitch project on Aquagel solutions.

The third position was a tie between Hussein Chimedza and a group presentation by the Agricount team.

Chimedza pitched a project on introducing "Uni Tap" cards for students that are advanced and can help reduce challenges faced by students as they can detect the status of a student, whether they are registered or not and also can be used to make payments.

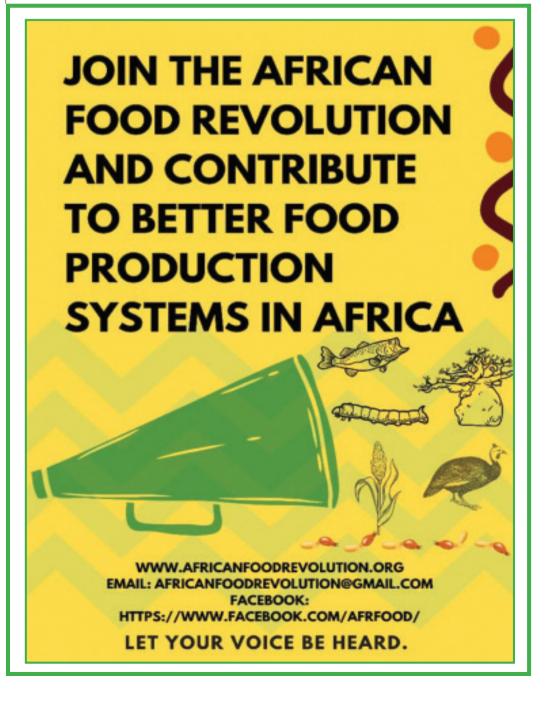
The Agricount team made up of four members seeks to reduce the challenges faced by medium scale farmers when counting live-

stock by designing an automated system for livestock management that can detect the exact number of livestock rather than estimating.

In his remarks Mr L Hobane emphasised that it is not about competition, but about bringing these innovative ideas to life and take these projects further so that they can be of help to the university and everyone in the community and also identification and development of talent.

"We want them to develop into prototypes that are also going to develop into potentially commercially viable products and services. Participants are going to leave with enhanced entrepreneurial mindset and a deeper understanding of how engineering and technology can drive rural industrialisation, sustainability, and economic transformation. The Hackathon ultimately serves as a launchpad for future innovators, empowering them to engineer solutions that are meaningful, to improve their communities, and contribute to the nation's destination or nation's journey towards an upper-middle-income society."

The top three winners were given awards and also certificates of achievements



LSU hosts Student Wellness Fair as the semester comes to an end

By Preeyish Zhou

upane State University hosted a comprehensive wellness event aimed at addressing critical issues facing its student body yesterday.

The event was spearheaded by the Students and Youth Working on Reproductive Health Action Team (Say What), in collaboration with the National AIDS Council (NAC), Corporate 24, and the Ministry of Women Affairs, Community, Small and Medium Enterprise Development.

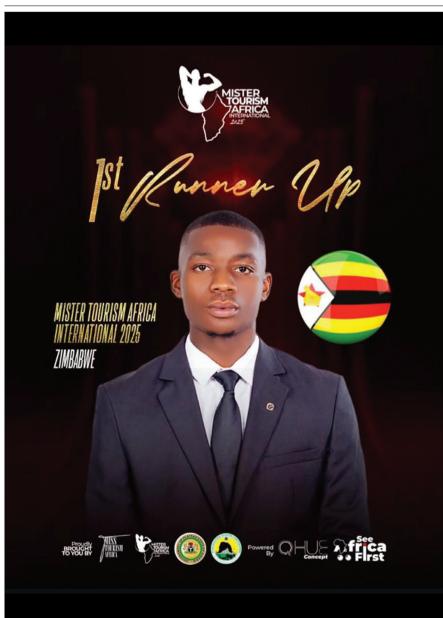
The primary goal of the event was to raise awareness on sexual and reproductive health, alongside mental and spiritual well-being, creating a holistic approach to student wellness.

In a significant move to promote proactive health, the event provided students with free HIV self-test kits, a range of contraceptives, and access to free counselling services for issues commonly affecting students on campus.

In an interview with LSU Campus Radio Mvikeli Ndlovu, the Chairperson for Say What on campus, expressed strong satisfaction with the student participation and described the event as a crucial platform for direct engagement between the student body and key health stakeholders.

The collaboration between Lupane State University, Government ministries, and non-governmental organisations underscores the institution's commitment to tackling challenges of sexual health and mental well-being among students on campus





Student flies LSU flag high

By Lucia Nkomo

Lupane State University student and our very own SEC vice president Takunda Chitope, represented Zimbabwe this month at the Miss and Mr Tourism Africa International Pageant in Nigeria, showcasing how culture, confidence, and purpose are driving the country's new generation of a tourism ambassador.

This event which had multiple representatives from about 60 countries who had entered the competition, Takunda Chitope represented Zimbabwe well and came out as the 1st runner up in male's league which is very prominently outstanding

In an interview with LSU Campus radio station he noted that in his experience of the peagentry he went on a self discovery path and learned what made the journey easy and fun is that he could easily connect with people with different characteristics, behaviors and cultures from all around the different countries that participated.

Moreover he notes that pageantry affected his life in positive way largely because got to link up and create ties with people from different countries which is a huge advantage since "life is all about connections"

He aims at also scraping out the misconception that 'pageantry is for the unintelligent', he's the plot twist as he is an undergrad student right here Lupane State University hence this proves pageantry is for anyone with the passion to do it.

In attempts to motivate anyone out there who wants to join pageant our very own Mr Chitope urges you to take the first step today and intelligent or not give it shot, you never know where the road leads

POTARZ and LSU conducts a cybersecurity awareness workshop

By Thembelani Moyo

upane State University's unmatched capacity to hold high profile seminars in the Matabeleland North region, was once again put on the spotlight this month when it hosted the flagship Postal and Telecommunications Regulatory Authority of Zimbabwe (POTRAZ) Cyber Security and Data protection workshop on its main campus.

The seminar followed a number of workshops done by the authority as it marked its commemorations of the Cyber Security Month.

Part of the attendees at LSU teachers and learners from local schools such as Amandlethu AMR High School, Mabhikwa High School, and AMR Sisters Secondary School among others, including primary schools. Local municipalities officials and representatives from various ministries were also in attendance, much to the appreciation of LSU and POTRAZ. One of the most striking discussions during the workshop was about conscientising people that they have a right to their privacy, thus the government has a duty to protect their personal data.

Through the promulgation of the Cyber Data Protection Act in 2021, the government ushered a new era where citizens have better control of their personal data.

The law provided for the establishment of a Data Protection Authority (DPA) which is POTRAZ, to oversee issues such as licensing of Data Controllers and ensuring citizens' personal data is protected.

Thriving on its motto of Ensuring High Standard Data Protection Through Public Awareness, Capacity, Compliance and Enforcement, POTRAZ says the rights of data subjects include the right to be informed, consent, withdraw consent, access, correction and or deletion of personal data held by controllers.

During the recent workshop Oscell Ushe from POTRAZ shed more light on Data Controllers and personal data saying:

"So basically, your personal information includes your name, phone number, surname, address, age, date of

birth, sex and gender. A data subject is basically an individual like any of us. So, wherever you leave that information, that person is considered a data controller. A data controller is a person or company that process personal information of data subjects."

The Case of Cyberthreats and Cybercrime

While the law and POTRAZ have made strides in protecting citizens from cybercrime, acts of it still persists, with most reported cases including phishing, hacking, cyberbullying and harassment, among others.

Cybercrimes are illegal activities carried out using computers, mobile phones, or the internet. They target information, systems, money, or people. These crimes happen in the digital space but have real-life consequences.

Presenters from POTRAZ gave a list of cybercrimes, urging people to vigilant enough. The list also include: sextortion and revenge porn; fake job/scholarship offers; mobile money scams; phishing attacks such as fake login pages and suspicious links in emails/ SMS.

There is also identity theft where scammers impersonate data users.

POTRAZ says it is critical that people are aware of these scams owing to reasons such increased internet usage.

Tanyaradzwa Johnson from POTRAZ said common mistakes that people make include using the same password for multiple accounts; sharing login credentials; oversharing on social media (location, ID, university name); ignoring software updates and downloading apps from unofficial sources.

She encouraged people not to use weak or guessable passwords; control who sees posts; limit data sharing and blocking or reporting online abuse. "Regularly check and update your account privacy settings to control who can see your posts, photos, and personal information. Restrict access to friends or trusted contacts instead of making con-







tent public. Be cautious with friend requests and messages. Avoid clicking on suspicious links, even if they appear to come from friends Regularly review your login history and account activity for any unauthorised access. Report suspicious activity immediately to the platform and change your password," she said.

Mastering your money

s the annual bonus season is upon us, it is the perfect time to not just celebrate your hard work, but also to think strategically about your financial future. Financial wellness is crucial at every income level, and by adopting a few key practices one can significantly improve their financial health. In this column I will share three (3) practical tips that can be implemented at any given income level and some handy tips for the current bonus season.

1. Set smart financial goals: Financial goals give your money purpose. They should be Specific, Measurable, Achievable, Relevant, and Time-bound. Financial goals can either the short-term, medium-term or long-term; examples of short-term goals could include securing essential household items like a fridge, stove or a bed, exam-

ples of medium-term goals include acquiring significant assets like solar installation, borehole drilling or financing personal studies.

Long-term goals are transformative, aiming for wealth building and financial independence these could include purchase of a residential stand, setting up a viable side hustle (income diversification) and setting up a children's university fund if applicable.

Tip for Bonus Season: Treat your bonus as a tool, not just extra spending money. Allocate it to a specific goal before you receive it (for example 50% to debt/savings, 30% to a large planned purchase, 20% to spending).

2. Know where your money goes: It is essential to always have a budget; a budget is simply a plan for your money. It is not about restriction; it is about control

and ensuring your spending aligns with your goals. A popular method is the 50/30/20 Rule: 50% for needs; Essential expenses like rent or mortgage repayment, groceries, utilities, and school fees. 30% for wants: Non-essential spending like eating out, entertainment and shopping. 20% for savings and debt repayment: This is the most crucial category. It covers your savings goals and paying instalments towards outstanding debt.

Tip for Bonus Season: Come up with a practical budget before receiving funds such that when you eventually receive the money it is already well allocated. By immediately allocating the money, you prevent the bonus from slowly vanishing into unbudgeted, small daily expenses.

3. The Power of Rotating Savings Clubs: A Rotating sav-

The Financial Literacy
Column
With
Sekai JC Gochera

ings club, often known as a club, round or stokvel is a powerful tool for disciplined, forced savings and accessing a lump sum of money. A group of colleagues agree on a fixed contribution amount (e.g. \$50, \$100, \$200) and a rotation schedule usually monthly to align with expected income. Every month, each member contributes the agreed upon amount, one member receives the entire lump sum per given month. For example, a 5-person group contributing \$200, the lump sum is \$1,000. The receiver is determined by agreement, the rotation continues until every member has received the lump sum once.

The benefits include: It makes saving non-negotiable, acting as a powerful incentive to put money aside. It allows you to access a larger lump sum of money earlier than you could save it on your own, perfect for a specific goal like a large purchase or a tuition payment.

A Note of Caution: Only participate in a savings club with people you trust absolutely and ensure the rules are clearly documented and agreed upon by all members.



Tip for Bonus Season: Come up with a practical budget before receiving funds such that when you eventually receive the money it is already well allocated. By immediately allocating the money, you prevent the bonus from slowly vanishing into unbudgeted, small daily expenses.



Talent on show: LSU media students shine through film

By Arbiter Munsaka

upane State University Part 4 media Students showcased their emerging talent through films. Media part 4 students are working on serial films, the students were working on different films for their final year project. (Igwala)

The first group was working on a Television series titled "Igwala" meaning a coward.

The producer of the series Fanuel ,said that the film is inspired by the the web series from ATL Productions which focuses on university students facing pressures such as assignments ,relationships and drama,he noted that the drama is centred around a scholarship student who is facing university pressure and a strict father who works as a security guard .

He highlighted that outcome of this production was challenging on some extent because due to limited resources, most of equipment that they used on the production was their personal staff, they managed to borrow cameras and clothes.

He emphasized that the department of languages is supposed to have a wardrobe but we improvise most of the things in order for this production to come out, however the despites all these challenges the film was successful.

The film "Igwala" shows the students's passion about parts, The director of the film, Patricia noted that the film "Igwala" is giving a message to young people that when they face problems they should learn to solve them peacefully and also take responsibility of the problem rather than trying to cover them up by adding other problems on top.

The film which is about a university scholar-ship student who impregnants a girl and does not want to take responsibility just to protect his scholarship to the extent of hurting the innocent people.

(the Hidden Bill)

The second group was working on a documentary film titled "The Hidden Bill of Success" which

was inspired by the unseen costs and sacrifices that students and their families make to pursue tertiary education at Lupane State University which include unspoken, often overlooked expenses, hardships and emotional toll that the students face to purse their degrees.

The producer of the film Buhlebenkosi Makhalisa noted that the film's resonates with the audience as it highlights the disparity between the perceived value of education and the harsh realities faced by students, particularly those from disadvantaged backgrounds.

It sparks empathy, curiosity and concern encouraging viewers to reflect on the true cost of Tertiary education and its accessibility.

She said that the film was a success however there were challenges on finding actors, limited resources and also finances as they shot their film without any budget, she noted that the department should atleast support the productions, provide equipment and funding to improve their productions.

Mr. Mwapangira commented that the film was interesting and praised the students for their creativity, noting that their storylines were particularly engaging. He enjoyed the production and commended the students for creating impressive visuals and sets despite the lack of equipment.

However, he emphasised that the students need to improve, especially regarding sound quality, and encouraged them to focus on time management to achieve even better results.

"The audience, comprised mostly of students, was thoroughly entertained by the films, with many praising the actors' performances and the engaging storylines."

One student, Junior Busada noted that the films' relatable themes and humor made for a compelling watch, while others commended the filmmakers' creativity.

The student film screenings were a huge success, showcasing the talents of emerging filmmakers and entertaining the audience with engaging stories and impressive performances.





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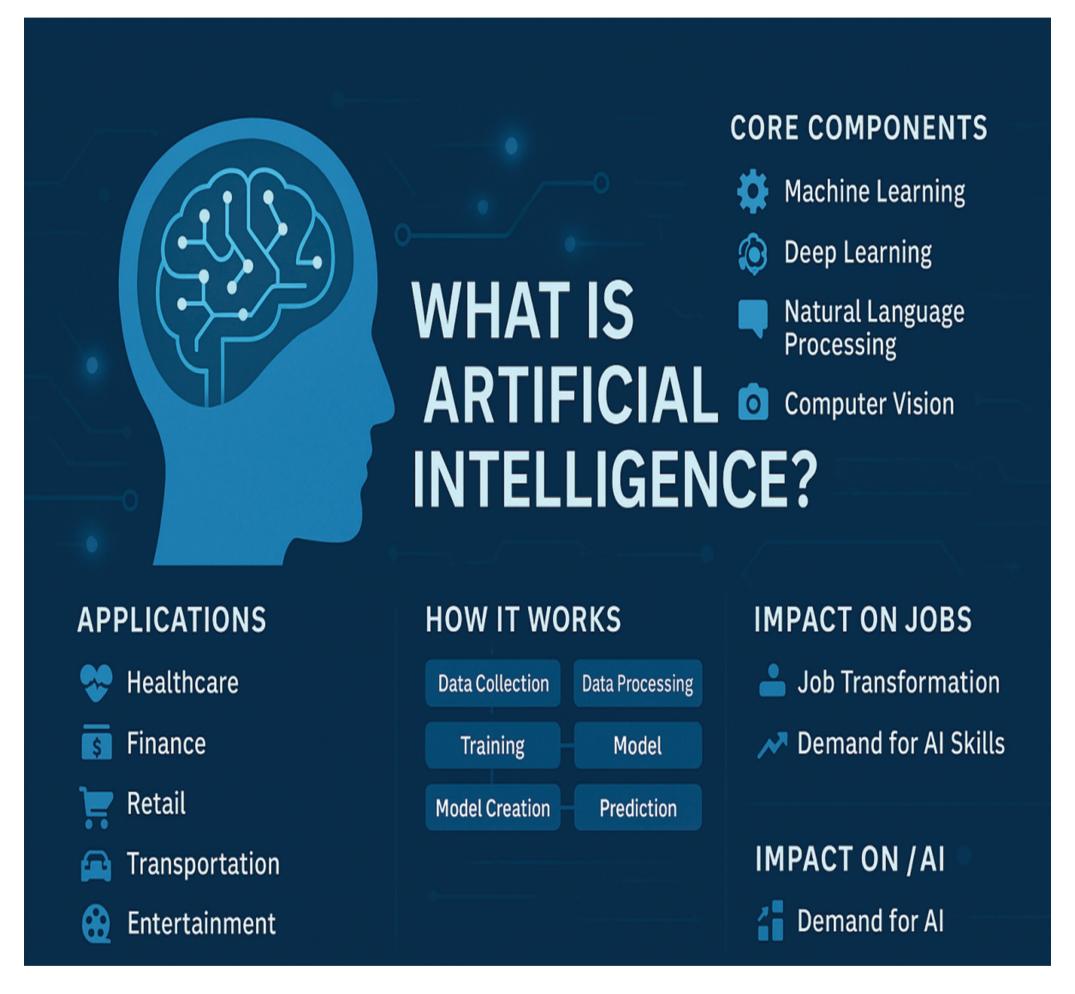


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'AI: A double-edged sword'



By Thembelani Moyo

he fast-paced technological evolution, that has encouraged the development of Artificial Intelligence (AI), could not be ignored during the recently held Postal and Telecommunications Regulatory Authority of Zimbabwe (POTRAZ) Cyber Security and Data protection workshop.

Speakers described AI as a situation where machines now perform tasks which previously done by humans.

They pointed out that AI has brought both benefits and challenges in almost every industry.

What was important was how these technologies have impacted

the education sector and data security.

Presenting a topic titled: The Impact of Generative AI on Data Security and Intellectual Property, Brandon Ndalama from LSU said the risk of using generative AI is that people "input sensitive data (code, strategy documents, PII, financials) into public tools. This data becomes part of the model's training data and can be regurgitated to other users."

"Gen AI lowers the barrier to entry for cybercriminals, enabling highly personalised and scalable attacks. There is also increased deepfakes for fraud and disinformation."

These were also the sentiments

of Tinashe Masunungure from LSU who added that AI have eroded the reading culture in schools such that there is over reliance on AI summaries and reduced deep engagement.

"There is reduced critical thinking and reliance on false information which may be presented as facts. There is increased plagiarism and marginalisation of local knowledge. AI can fabricate facts; students may cite false sources; teachers face verification challenges. Hallucinations undermine trust and academic rigor," he said.

Taming the wild: How can we regulate AI?

With all the negatives that AI has brought, the question that remains

is how it can be regulated or embraced

As a way forward Masunungure suggested that there is a need to encourage deep reading and reflective writing while original projects should be made with the appreciation indigenous content.

There is also a need to train teachers and students on how to ethically use the AI tools.

Ndalama was of the view that there is a need for technical and policy controls:

"Implement AI Usage Policies: Clearly define what data can and cannot be input into public AI tools.

Deploy Secure, ApprovedTools: Use enterprise-grade AI

solutions with data privacy guarantees (e.g., Microsoft Copilot with commercial data protection).

 API Gateways & DLP: Use technical controls to monitor and block sensitive data from being exfiltrated to unauthorized AI services.

Legal & IP Strategy:

- Audit Training Data: For AI developers, ensure training data is properly licensed.

Contractual Clarity: Review Terms of Service for AI tools.
 Understand who owns the outputs.

- Human-in-the-Loop: Ensure significant human modification and creative input in AI-generated IP to strengthen copyright claims."



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Bachelor of Agricultural Sciences Honours Degree in Soil Science

Bachelor of Science Honours Degree In Applied Biotechnology

Bachelor of Agricultural Sciences Honours Degree in Agricultural Economics

Bachelor of Agricultural Sciences Special Honours Degree in Crop Science

Bachelor of Science Honours Degree in Environmental Sciences

Bachelor of Science Honours Degree in Irrigation Engineering

Bachelor of Science Honours Degree in Food and Agricultural Products Processing

Master of Science Degree in Crop Science

Diploma in Agribusiness

Bachelor of Agricultural Sciences Honours Degree in Crop Science

Bachelor of Agricultural Sciences Honours Degree in Animal Science and Rangeland Management

Bachelor of Agricultural Sciences Honours Degree in Wildlife Resources Management

Bachelor of Agricultural Sciences Special Honours Degree in Animal Science

Bachelor of Agricultural Sciences Honours Degree in Forest Resources Management

Master of Science in Animal Breeding and Biotechnology

Master of Science in Plant Breeding

Master of Science in Agronomy

Master of Science in Tropical Resources Ecology

Master of Science in One Health

Master of Science in Food Safety and Port Health

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Doctor of Philosophy in Animal Science

Doctor of Philosophy in Agricultural Economics

Doctor of Philosophy in Ecological Resources Management



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Bachelor of Science Honours Degree in Food Science and Agricultural Processing Master of Science in Tropical Resources Ecology

Master of Science in One Health

Master of Science in Food Safety and Port Health

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Bachelor of Commerce Honours Degree in Banking and Finance Bachelor of Science Honours Degree in Hospitality and Tourism

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Master of Business Leadership

Bachelor Of Commerce Special Honours Degree In Procurement And Supply Chain Management

Bachelor of Commerce Honours Degree Supply Chain Management Master of Science Degree in Human Resource Management

Bachelor of Commerce Honours Degree in Human Resource Management

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Bachelor of Science Honours Degree in Natural Resources Management

Postgraduate Diploma in Geographic Information Science and Remote Sensing Master of Science Degree in Climate Change and Sustainable Development

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Student-driven tobacco trials in a dry-land area a success

By Rebbeca Karavina

emphasizes that students seeking industrial attachment should gain ↓hands-on, practical experience and not limit themselves to local farms or research stations. Exposure to diverse agro-ecological zones and crops not grown locally broadens professional competence and enhances adaptability. A notable example is Nozithelo Nyoni, who travelled approximately 800 km from Lupane to Guluve, a predominantly Shona-speaking area, for her industrial attachment. She returned fluent in Shona and equipped with invaluable practical experience in commercial tobacco farming, illustrating the transformative benefits of stepping beyond familiar and comfort zones.

Nozithelo is testing four flue-cured tobacco varieties to determine their adaptability to Lupane's climate while also assessing the effects of different topping times on plant growth, yield, and leaf quality. Early observations show excellent crop establishment, confirming that Lupane's abundant sunlight and potential for irrigation can support high-quality tobacco production. As fluecured varieties require barn curing rather than sun-drying, LSU's investment in proper curing facilities is essential. Sun-dried tobacco typically sells for less than US\$1 per kilogram, whereas flue-cured tobacco can fetch up to US\$7 per kilogram, demonstrating the significant economic advantage of proper post-harvest handling.

Nozithelo has successfully raised and transplanted four tobacco varieties chosen for their tolerance of water-logged soils. One variety is already in the ground and is slated for harvest in December, while the remaining three will be ready for early-February picking.

"Seeing the seedlings thrive proves our research can translate into viable crops for our community," Nozithelo says.

"She expressed enthusiasm upon observing the thriving tobacco crop, noting that it met her expectations. She now intends to expand her tobacco production to a larger scale"

Additionally, LSU is pioneering tobacco research in Matabeleland North, a region historically untapped for commercial tobacco production. Under the leadership of Professor Handsen Tibugari, and through the innovative work of Crop Science students Nozithelo Nyoni and Onius Kwaramaba, LSU is testing the adaptability of flue-cured tobacco in semi-arid Kalahari Sandveld soils. This research is not only about crop production but also about exploring opportunities to transform the semi-arid region into a tobacco greenbelt. Futuristically, the university can also explore opportunities for high-value applications, including medicinal and pharmaceutical products derived from tobacco. The research team is in constant collaboration

with the Tobacco Research Board (TRB) and commercial tobacco farmers in Guluve and Headlands to ensure alignment with national best practices.

Onias' seedling media experiment and the ecological advantages of tobacco in Matabeland North

Onias is testing out four different media for growing tobacco seedlings decomposed forest litter, forest litter + Gromix, Gromix alone, and another alternative medium. The goal is to figure out how these media affect seedling emergence, growth, and stuff like nicotine content and leaf quality.

He runs a tobacco-seedling nursery with 200 seedlings per tray, 24 trays which is a total of 4800 seedlings

"I'm not sure how other media will behave, but I'm expecting to get 4000 healthy seedlings. Which is around 0.3 hectares If other media behaves well that we get 4000 transplantable seedling, we will get an estimate of \$4000 $\pm 15\%$ Gross Profit" says Onios Kwaramba.

Using a low-cost, rain-water-fed system, the nursery has cut production costs while maintaining healthy root development.

"My goal is to plant these seedlings on a larger land" says Onius

Early results show that decomposed forest litterreadily available and low-cost-produces vigorous seedlings with good chlorophyll and nicotine levels, making it a promising option for local farmers.

The research also shows ecological advantages which include tobacco thrives in the wildlife-rich landscapes of Matabeleland North. Its suitability to the region's semi-arid conditions opens new opportunities for sustainable farming that complements conservation efforts.

Both projects showcase how Lupane State's industry-relevant curriculum turns class-room learning into real-world impact.

Tobacco farming in Lupane, Zimbabwe, is looking like a solid bet, says Professor Handsen Tibugari.

"The bitter leaves are nature's defense system against herbivores, and nicotine plays a big role in that." With irrigation from sources such as the Gwayi-Shangani Dam and the Bubi-Lupane Dam, they are ensuring the crops receive enough water in this semi-arid area. Professor Tibugari highlighted a challenge they face: the lack of a barn to cure the tobacco after harvest, and therefore they are appealing for help from the university and for the university to support the project's expansion. He also noted that the project will boost the livelihoods of local farmers because it offers something different from small-grain crops. Additionally, he emphasized expanding land with government support and involving more people through an outgrower scheme that includes farmers, which will further improve their livelihoods.

LSU partners Grazing Management Committee Members

By Tinashe Mutsvairo

upane State University through the Department of Animal Science and Rangeland Management continues to live by its motto of building communities through Knowledge.

The Department through the Capacitating One Health in East and Southern Africa (COHESA) – has been working with the community of ward 19 in Lupane District to design a coordination mechanism of rangeland management by bringing the community and all relevant stakeholders together for the common goal of applying one health approach to rangeland management.

This initiative consolidates COHESA and the University's presence in the ward, which is also host to the Waste Management Project, which has empowered the community to turn waste into an income generating project.

As part of the activities the University facilitated the formation of Ward 19 Grazing Management Committee with the participation of the Department of Agriculture and Rural Development and Advisory Services (ARDAS) Commonly known as AGRITEX in the community, the Department of Agriculture Research, Innovation and Specialist Services (ARISS) represented by Matopos Research Institute, Ministry of Health and Child Welfare through Environmental Health Officers, the district Development Coordinator's Office Kusile Rural district Council and Amalima Loko among other important stakeholders.

Lupane State University (LSU) continues to strengthen its engagement with surrounding communities through transformative, hands-on initiatives that promote sustainable livelihoods and environmental stewardship.

Recently, lecturers from the Department of Animal Science and Rangeland Management Mrs. M.T. Moyo and Mr. A. Mugoti together with Mr. T.P. Mutswairo, the Broadcasting Engineer for LSU Campus Radio, attended a comprehensive two-day Look and learn program facilitated by the Soft Foot Alliance at Cross Mabale.

Part of the delegation were Mr Kumbula Mpala the village head, Agricultural Business Advisory Officers (ABAO) to Mabale Mrs. Mkwananzi and Ms T. Mukwishu, the Chairperson of the Ward 19 Grazing Management Committee Mrs. Jane Moyo, Matopos Research Institute—Ms O Daga and other community members from Ward 19. The objective of the visit was for the community representatives and Institution to learn from the Mabale community's sustainable land use and conservation practices. it was hosted by Mr. S. Sithole from Soft Foot Alliance, who guided the participants through a series of practical sessions and demonstrations.

One of the key facilitators was Soft Foot Alliance's experienced herder, Mr. N. Mpiyekhaya, who delivered a detailed lecture on rangeland management. He reiterated that domestic animals are an essential factor in restoring and maintaining healthy rangelands. Through controlled and combined herd grazing, livestock disturb the soil with their hooves, improving water infiltration and helping preserve the water table – a process vital for

dry regions such as Lupane.

The training highlighted Soft Foot Alliance's controlled grazing system, practiced since 2016, where cattle, goats and donkeys are herded together throughout the year. The herding is facilitated by bringing the different household animals together and though a roaster system households take turns to herd the animals. This method:

Prevents overgrazing and encourages pasture recovery

• Helps protect livestock from predators commonly found near Hwange National Park

Improves the search for quality grazing land
 Promotes unity, as villagers herd their live

• Promotes unity, as villagers herd their live stock collectively

In addition to rangeland management, participants were exposed to environmental conservation through beekeeping and carpentry. Mr. T. Ndlovu, the Carpentry Trainer, delivered an engaging session on the importance of bees in ecosystem preservation. He demonstrated the design and construction of locally made beehives that support pollination, encourage biodiversity, and generate income for households. His presentation showed how simple carpentry skills can be used to support both the environment and local livelihoods. He also emphasized that to save the forests they cut dry trees to make the hives

Also present from Soft Foot Alliance were:

Mr. S. Shoko, responsible for Beekeeping and Value Addition, who explained how honey processing and related products can significantly boost household income;

Mr. P. Thembo, the BOMA making and skills specialist, spoke on predator-proof livestock enclosures and the role of skills training in empowering communities. These bomas placed in cropping fields are used to kraal livestock at night and they come handy in improving fertility of the soil.

The Mabale local community was represented by the village herd, Mr. Dingani, who shared traditional insights on livestock movements, predator behavior, and the importance of community cooperation in managing natural resources.

The LSU representatives expressed deep appreciation for the wealth of practical knowledge shared. Mrs. Moyo emphasised that such engagements bridge academic learning and community realities, while Mr. Mugoti noted that Soft Foot Alliance's holistic approach resonates strongly with LSU's mandate on climate-smart agriculture. Mr. Mutswairo highlighted Campus Radio's commitment to broadcasting such community development programs so that more villagers can benefit from the shared knowledge.

The training concluded with renewed enthusiasm among participants, who pledged to adopt the methods learned to improve their rangelands, strengthen community cohesion, and protect the environment.





THE SPECTACLES OF STAKEHOLDERS

Potraz, Nkomwa Foundation Trust train 100 Mat South PWDs in digital skills

By Sukulwenkosi Dube-Matutu, sukulwenkosi.dube@chronicle.co.zw

KOMWA Foundation Trust (NFT), in partnership with POTRAZ, has trained nearly 100 persons with disabilities in Matabeleland South in digital skills under an ongoing empowerment programme.

Speaking during the organisation's five-year anniversary celebrations, NFT board chairperson Ms Selinah Chirisa from Lupane State University said the trust has made significant progress in promoting inclusion, though more still needs to be done.

"Since its inception in 2020, NFT has been driven by a simple yet powerful vision: to promote the rights, inclusion, and empowerment of persons with disabilities

in socio-economic life. In the past five years, we have built bridges between communities, institutions, and policymakers. We have challenged barriers, created opportunities, and amplified the voices of persons with disabilities across Matabeleland South and beyond," she said.

Ms Chirisa said, with POTRAZ's support, NFT has trained 95 persons with disabilities from Gwanda, Beitbridge, Mangwe and Bulilima districts in digital skills — an initiative that is helping bridge the digital divide and improving access to information, employment and entrepreneurship.

She said community sensitisation and leadership training programmes have yielded positive outcomes, with notable improvements in the inclusion of persons



with disabilities in community development committees – a key step towards participatory governance.

However, she said discrimination and stigma remain major obstacles to full participation.

"Inadequate resources also limit our ability to reach all intended beneficiaries. Persons with albinism, in particular, continue to face deep-seated myths, harmful beliefs and limited access to essen-

tial protective lotions," she added.

Ms Chirisa said despite the challenges, the trust remains committed to advancing disability rights.

"Our progress has been possible through strong collaboration with Government ministries, local authorities, development partners and communities. Together, we are shaping a society that values diversity and upholds equality," she said.

– @DubeMatutu

"Inadequate resources also limit our ability to reach all intended beneficiaries. Persons with albinism, in particular, continue to face deep-seated myths, harmful beliefs and limited access to essential protective lotions."







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